Worth Matravers, West Circular Route Number 1

How to get there: - Grid Reference 974777; Turn right just after Corfe Castle for Kingston. After Kingston, follow the road for about a mile and turn right for Worth Matravers. The car park is on your right just before the village.

Information: Toilets are available in the car park. There is a parking fee of only £1.

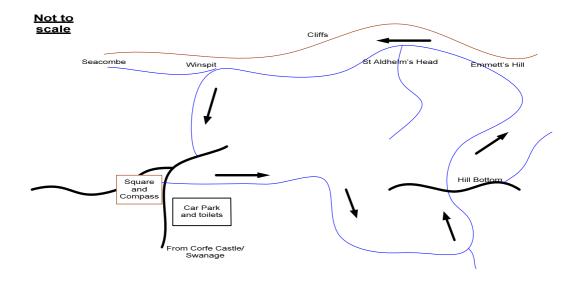
Walk details:-

As you leave the car park, turn right for about 70 metres and then take the path signposted 'Church and Hill Bottom 1 mile'. Follow this through the gate and field until you reach the left-hand corner. Here turn right and follow the hedge/wall for about ½ mile until you meet a T junction. Turn left and follow the path towards Hill Bottom. Just before reaching the houses, turn left through the kissing gate (1/3 mile). You are now on the Coast Path.

The path ascends to the ridge above Chapman's Pool and along to the war memorial (maintained by the MOD, 2/3 mile). Go over the stile onto Emmets Hill, follow the cliff path along to the top of another big dip in the Coast Path (1/2 mile), just prior to St Albans/St Aldhelms Head.

Descend the path to the dip at the bottom. Here, you can continue straight ahead and ascend the steps to the top where there is a seat to rest and the Coastguard lookout station, or you can turn left over the stile, follow the less steeply-inclined valley to the top, then turn sharp right and return to the Coastguard station along the track.

At the Coastguard station, continue along the coast path to Winspit (3/4 mile), turn left as you enter the old quarry and return up the valley to the village.



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